

# Clinical Practice VI: Cannabis Use Disorders and Precautions

**Released:** December 20, 2016

**Expires:** December 19, 2018

## Estimated Time

The estimated time to complete this activity is 1.0 hour.

## Jointly provided by

Postgraduate Institute for Medicine and the Society for Cannabis Clinicians

## Description of Module

Reviews the safety of cannabis medicinal use, including precautions and an understanding of cannabis use disorders.

## Target Audience

This activity has been designed to meet the educational needs of healthcare providers interested in the endocannabinoid system and the use of medicinal cannabis for patient treatment.

## Educational Objectives

After completing in this activity, the learner should be better able to:

- Explain cannabis dependence, addiction, tolerance, withdrawal
- Define cannabis use disorders
- Distinguish the use of cannabis as a drug of abuse versus a harm reduction agent
- Identify precautions in cannabis use, including risks for minors and in pregnancy
- Discuss factors in establishing driving impairment due to cannabis use

## Faculty

Mary Lynne Mathre, RN, MSN, CARN

Arnold Leff, MD

HIV Specialist, San Jose, California

Medical Consultant, Santa Cruz, California

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Postgraduate Institute for Medicine and the Society of Cannabis Clinicians. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## Credit Designation

The Postgraduate Institute for Medicine designates this enduring material for a maximum of 1.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Statement from the AAFP:** This Enduring Material activity, Clinical Cannabinoid Medicine Curriculum, has been reviewed and is acceptable for up to 1.00 Elective credit(s) by the American Academy of Family Physicians. AAFP certification begins 09/05/2017. Term of approval is for one year from this date. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Disclosure of Conflicts of Interest**

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#### **Name of Faculty or Presenter**

Mary Lynne Mathre

Arnold Leff

#### **Reported Financial Relationship**

Reports no conflict of interest with the contents of this course.

Reports he has nothing to disclose.

The following PIM planners and managers, Laura Excell, ND, NP, MS, MA, LPC, NCC, Trace Hutchison, PharmD, Samantha Mattiucci, PharmD, CCMEP, and Jan Schultz, MSN, RN, CCMEP, hereby state that they or their spouse/life partner do not have any financial relationships or relationships to products or devices with any commercial interest related to the content of this activity of any amount during the past 12 months.

### **Method of Participation and Request for Credit**

To obtain credit, participants should view each page of the activity, answer the multiple-choice post-test questions, and complete the evaluation form online to receive a credit certificate. Your certificate will be available immediately for print or download upon completion of the entire activity. Make sure you have installed the newest version of Adobe Flash Player. You will also need to have javascript enabled on your browser to load the player. Get the latest Flash plugin [here](#). (See additional requirements below.)

### **Instructions for Obtaining Credit**

After participating in the activity's content:

1. Complete the post-test questions as found in the content. You must receive a score of 75% or better to earn a certificate.
2. You will have an unlimited number of attempts to successfully complete the post-test.
3. Complete the Evaluation to rate the course and to record your participation.
4. Upon passing the post-test and completing the activity evaluation, your credit certificate will be available immediately to print for your records.
5. You may view or print your certificate at any time in the future.



**Media Format(s)**

Internet-based, Flash-based content with video/audio.

**Software Requirements**

1024 x 768 Minimum Monitor Resolution

Sound Card & Speakers or Headphones

**Adobe Acrobat**

Adobe Acrobat Reader (latest version) - Available for free at [www.adobe.com/downloads](http://www.adobe.com/downloads)

**Flash**

Flash Player 10 or later (<http://www.adobe.com/go/getflash>)

**Browser Requirements**

Internet Explorer 9 or higher

Firefox 23 or higher

Chrome 9 or higher

Safari 5.1 or higher

Opera 12 or higher

Javascript must be enabled (Need to enable JS in your browser: <http://www.enable-javascript.com>)

Contact Postgraduate Institute for Medicine

[www.pimed.com](http://www.pimed.com)

**Disclosure of Unlabeled Use**

This educational activity may contain discussion of published and/or investigational uses of agents that are not indicated by the FDA. The planners of this activity do not recommend the use of any agent outside of the labeled indications.

The opinions expressed in the educational activity are those of the faculty and do not necessarily represent the views of the planners. Please refer to the official prescribing information for each product for discussion of approved indications, contraindications, and warnings.

**Disclaimer**

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